

Membership Coaching

All members get free indoor and outdoor courts and discounts on all coaching. Members introducing guests must collect the £5 guest fee.

Junior members at Manydown are offered 1 hour of free coaching each school term week. Below are the times junior members are offered.

Mondays 4pm-5pm Age 5 to 9.

Thursdays 6.30pm-7.30pm Age 10 to 14.

The above courses are for members only, Details of membership can be found on the web site or by post.

CHILDRENS PARTIES

Manydown Tennis is delighted to offer sports parties for all children. Experienced sports coaches take charge leaving the parent's time to enjoy the day or join in the fun. See the separate leaflet for ideas, details and costs.



Bring your Children to
Pre-School Sports
Coaching
(Aged 2 to 4)
During term time at
MANYDOWN TENNIS
Call us 01256 780212

Directions to Manydown -

From the M3 take junc 6 turn off. Follow the signs for Newbury A339 for 3.5 miles. As the road turns into a single carriageway turn left towards Wootton St. Lawrence down a country lane. At the end of that lane (1mile) turn right into the village, pass the church and you will see the tennis centre 100m on your left. Arrows indicate the turning to Wootton St. Lawrence from A339 and B3400.

From Newbury. Take the A339 to Basingstoke, After the Kingsclere bypass the road will go into a dual carriageway for a short distance then back into a single carriage way. After that travel 2miles more until you see a signpost right towards Wootton St. Lawrence, Take that turn down the country lane and the centre will be on your right.

INDIVIDUAL TENNIS LESSONS

An individual lesson consists of 55 mins teaching on a 1 to 1 basis. Prices listed below cover the cost of balls and court fees.

Bryan Farrelly	£39 Members	£49 Non Members
Jez Hunter	£32 Members	£37 Non Members
Robin Hagan	£32 Members	£37 Non Members
Jay Samuda	£32 Members	£37 Non Members

Home visits can be arranged. The first hour is charged at 2 hours then single hour rate.

Membership.

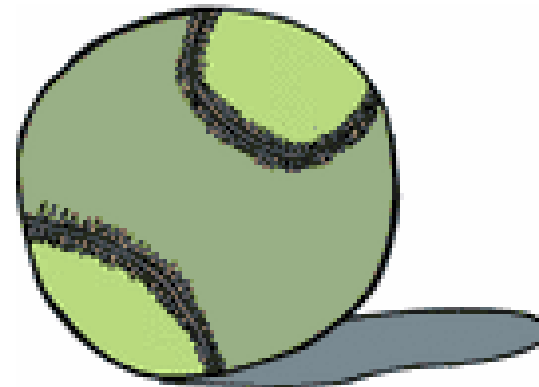
Benefits.

- Free indoor & outdoor court fees.
- Free Junior Coaching
- Up to 50% discount on additional coaching
- Organised Matches

Costs: £39 One off joining fee
£16/month individual or annual £165.
£40/month Family. Or £285 / year
£5/Guest of a member.

Members are responsible for the collection of their Guest Fees.

Manydown Tennis 2011



Wootton St. Lawrence
Basingstoke,
Hants RG23 8PE
Tel 01256 780212

e-mail: admin@manydowntennis.co.uk

www.manydowntennis.co.uk

●=PLEASE BOOK BEFORE

★=JUST TURN UP

Monday

★ 9:30am-12:00am **Club Morning**

Friendly doubles match play. Come with or without a partner. Includes coffee and a chat.

£10 /session

● 4pm-5pm **Junior Coaching**

Red mini tennis for children in year 1,2 and 3.

Included with Membership

★ 5:00pm-6:00pm **Junior Coaching**

For under 11's, developing hand/eye co-ordination.

£4.50 Members, £6.50 Non Members

Tuesday

● 10:00am-11:00am

NEW Tennis Doubles Tactics

For players developing strokes, tactics and rules to start playing ladies doubles.

Payment per 8 week term

Ask reception for a separate form

★ 11:00am-12:30pm **Drills**

Speed drills for groundstrokes, volleys, smashes and improving consistency, fitness and accuracy.

£10.50 Members, £11.50 Non Members

COURT FEES

INDOOR

PEAK TIME WEEKDAYS 6PM -9PM £18/ HOUR

OFF PEAK ALL OTHER TIMES £16/ HOUR

OUTDOOR

ANY TIME £8/ HOUR

Wednesday

★ 9:15am-10:45am **Pre-School Sports**

A lesson specifically designed to help you and your toddler get a head start in tennis, movement, coordination and ball skills in a variety of sports.

£8.50 per child

Thursday

● 10:00am-12:00pm

DOUBLES STROKES & Match Tactics.

Doubles looked at from a tactical viewpoint. For players that play to a team standard. There are 2 places that can be filled on a week to week basis. **16 week blocks.**

Payment per 10 week term

Ask reception for a separate form

● 4pm-5pm **Junior Coaching**

2 small groups red mini tennis for children in reception & year 1 and 2.

Payment per 8 week term

Ask reception for a separate form

● 5:00pm-6:30pm **Junior Coaching**

2 small groups fun Orange/Green mini tennis for children in year 2 and 3 & Year 4 and 5.

Payment per 8 week term

Ask reception for a separate form



● 6:30pm-7:30pm **Tournament Coaching**

For players playing in junior tournaments from year 6 to 10.

Included with Membership

★ 7:30pm-9:00pm **Drills**

Speed drills for groundstrokes, volleys, smashes, improving consistency, fitness and accuracy.

£10.50 Members, £12.50 Non Members

Friday

★ 9:30am-11:30am **New Tennis Morning**

Ideal for beginners as we start with coaching and lead on to friendly doubles match play. Come with or without a partner. Includes coffee and a chat.

£7.50 Members, £9.50 Non Members

Saturday

★ 9:30am-10:30am **Happy Tennis**

Fun Mini tennis for children aged 4-8 years.

£4.00 Members, £6.00 Non Members

★ 10:30am-11:30am **Junior Coaching**

Orange and Green tennis lessons for players able to rally from the baseline. Each session includes technical coaching and a little physical training.

£4.00 Members, £6.00 Non Members

★ **JUNIOR FOOTBALL COACHING**

9:30am-10:25am *Over 7's*

10:30am-11:25am *Under 7's*

Football coaching for children aged 3 – 12.

Professional coaching on a turn up and play basis.

£4.00 Members, £6.00 Non Members

★ 11:30am-12:30pm **Junior Coaching**

Coaching training and fun drills for match playing juniors. Aged 10-16

£4.00 Members, £6.00 Non Members

Sunday

● **Individual lessons and Match play.**