MANYDOWN EASTER TENNIS CAMPS

**BOOK ONLINE MARCH 29 – April 24**

**EASTER HIGH INTENSITY TENNIS CAMPS**

**MONDAY 29TH MARCH**.

**1630-1730 Red & Orange Ball**

Group Tennis Coaching for children aged 4 – 10 years old. Coaching and drills designed to get the children playing tennis. Working on Technique, Tactics and Physical elements required to play tennis with enjoyment our primary objective.

Sign up Online Link: [CLICK HERE](https://clubspark.lta.org.uk/ManydownTennis/BookClass/30deec10-81ec-4606-956d-1e3713595944)

**Cost for each session: Members £3.50 …… Non-members £10**

**1630-1830 Green and Yellow ball**

Group Tennis Coaching for children aged 11 – 16 years old. Coaching and drills designed to get the children playing tennis. Working on Technique, Tactics and Physical elements required to play tennis with enjoyment our primary objective.

Sing up Online Link: [CLICK HERE](https://clubspark.lta.org.uk/ManydownTennis/BookClass/dcbe772f-2e7e-4d78-95fa-68d8dd7b7eec)

**Cost: Members £4.75, Non-members £15**

**TUESDAY 30TH MARCH**

**1100-1230 Adult Drills**

Speed drills for groundstrokes, volleys, smashes and improving consistency, fitness and accuracy.

**£7 Members, £19 Non-Members**

**1630-1730 Red & Orange Ball**

Group Tennis Coaching for children aged 4 – 10 years old. Coaching and drills designed to get the children playing tennis. Working on Technique, Tactics and Physical elements required to play tennis with enjoyment our primary objective.

Sign up Online Link: [CLICK HERE](https://clubspark.lta.org.uk/ManydownTennis/BookClass/31d21112-c4b1-466b-aedf-701eabf0ab43)

**Cost: Members £3.50, Non-members £10**

**1630-1830 Green and Yellow ball**

Group Tennis Coaching for children aged 11 – 16 years old. Coaching and drills designed to get the children playing tennis. Working on Technique, Tactics and Physical elements required to play tennis with enjoyment our primary objective.

Sing up Online Link: [CLICK HERE](https://clubspark.lta.org.uk/ManydownTennis/BookClass/dcfdb9f2-d716-4610-88df-e9ae4c3859b8)

**Cost: Members £4.75, Non-members £15**

**WEDNESDAY 31ST MARCH**

**0930-1030 Pre-School Tennis Tots**

A lesson specifically designed to help your toddler get a head start in sport, movement, coordination and ball skills.

**Cost: £5 members £12 Non-members**

**1630-1730 Red & Orange Ball**

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Sign up Online Link: [CLICK HERE](https://clubspark.lta.org.uk/ManydownTennis/BookClass/2e0bbb1a-076b-43d7-ad59-f06f182c0f45)

**Cost: Members £1, Non-members £10**

**1630-1830 Green and Yellow ball**

Group Tennis Coaching for children aged 11 – 16 years old. Coaching and drills designed to get the children playing tennis. Working on Technique, Tactics and Physical elements required to play tennis with enjoyment our primary objective.

SIGN up Online Link: [CLICK HERE](https://clubspark.lta.org.uk/ManydownTennis/BookClass/95e0ddf5-e497-47e8-82e7-9799520d3b84)

**Cost: Members £1, Non-members £15**

**REGULAR EASTER TENNIS PROGRAM**

**TEEN TENNIS DRILLS**

Tuesdays and Fridays are for speed drills for juniors that are able to play with adults. Limited coaching, players work on the physical and tactical aspect of tennis

**Age 13-19**

**£7 members** **£19 nonmembers /session**

**TUESDAYS**

**Time 1100-1230**

**30th March Sign up:** [**CLICK HERE**](https://clubspark.lta.org.uk/ManydownTennis/BookClass/b49dfb94-7a23-4706-93be-9b2279e57938)

**6th April Sign up:** [**CLICK HERE**](https://clubspark.lta.org.uk/ManydownTennis/BookClass/a902b831-e38e-4d2d-acfd-f4084fed14fa)

**13th April Sign up:** [**CLICK HERE**](https://clubspark.lta.org.uk/ManydownTennis/BookClass/c05e8449-de19-479e-ba37-e080c7010302)

**FRIDAYS**

**Time 0930-1100**

**9th April Sign up:** [**CLICK HERE**](https://clubspark.lta.org.uk/ManydownTennis/BookClass/9c0a55cc-b6ab-40ee-80fb-a8eff034cb00)

**16th April Sign up:** [**CLICK HERE**](https://clubspark.lta.org.uk/ManydownTennis/BookClass/ecdcddc2-3cea-46c2-8ec3-10ecfb983b49)

**WEDNESDAY TENNIS COACHING**

Tennis training, lessons and match play. Maintain and boost their tennis.

Time 0930-1200

Age 3-9

**£9 members, £22 nonmembers / day.**

**7th April Sign up:** [**CLICK HERE**](https://clubspark.lta.org.uk/ManydownTennis/BookClass/da8e9283-5a03-48e1-8cad-e4f01f76ee8f)

**14th April Sign up:** [**CLICK HERE**](https://clubspark.lta.org.uk/ManydownTennis/BookClass/da8e9283-5a03-48e1-8cad-e4f01f76ee8f)

**THURSDAY SPORTS DAY**

A low cost activity day. **Fun** games & all sports played. No coaching content just games and matches. Children are asked to bring their own packed lunch.

Time 0930-1430

Age 4-10

**Price- £12 members - £30 nonmembers / day**

**8th April Sign up:** [**CLICK HERE**](https://clubspark.lta.org.uk/ManydownTennis/BookClass/0b779e03-b50c-499f-bd52-45d9623455d9)

**15th April Sign up:** [**CLICK HERE**](https://clubspark.lta.org.uk/ManydownTennis/BookClass/4ca99f3d-d762-4e84-9f94-23c0d6baea54)

**TUESDAYS ORANGE & GREEN TENNIS DRILLS**

Speed Drills and Training for Juniors that are able to play with adults. Limited coaching, players work on the physical and tactical part of tennis.

Time 0900-1100

Age 9-11

**6thApril Sign up:** [**CLICK HERE**](https://clubspark.lta.org.uk/ManydownTennis/BookClass/7abd2956-6319-4192-bf0f-3b8233c135f7)

**13th April Sign up:** [**CLICK HERE**](https://clubspark.lta.org.uk/ManydownTennis/BookClass/7d3e673d-8020-45d9-8920-5a8ca490b153)

**£6 members £18 nonmembers / date.**

**EVERY SATURDAY**

**Red, Orange & Green** **Team Coaching**

Red Orange & Green coaching for the more committed players looking to play tournaments.

Time 0830-0930

Age 4-9. 4 week term

Term Dates: 3rd, 10th, 17th and 24th April

Sign up: [CLICK HERE](https://clubspark.lta.org.uk/ManydownTennis/BookCourse/ae359d75-2471-408a-a6d0-0d25ffe63d28)

**£18.75 members - £48 nonmembers**

**CLUB TENNIS**

**Red/Orange and Green Players.**

Single sessions that can be booked on an ad-hoc basis. Red/Orange and Green coaching with fun being the main goal. Players are put into groups with friends.

Every Saturday players must be registered before Friday 4pm. Roll up on the day price is £12 paid before the lesson. Payment is per lesson.

Time 0930-1030

Age 3-10

Sign up: [CLICK HERE](https://clubspark.lta.org.uk/ManydownTennis/BookClass/55c062b3-d821-44c4-a9f0-b2507b146ace)

**£3.75 Members, £10 Non-Members**